## The Healing Session

with Leela Sylvia Isani

Remember and activate your natural SELF HEALING POWER



For me healing means to allow the body to heal itself by create a space of pure awareness and love. We are our own healer, although sometimes we might need a support to reactivate our self healing power and to connect with the soul level

The body has a reason to get out of balance, let's discover it, maybe it's time to say good bye to some old traumas and conditionings.

I will tune into your emotional and mental state and support the activation of your own self healing power and if needed healing energy will be transmitted

Energy knows no time and space, distant healing is not a miracle but a true intention.

This session is very individual, you might need support on a physical or an emotional level or are looking for some spiritual advice.

Energy work not stops the moment the session is over, it's an initiation into the next step of your healing journey.

Love your life, accept what you can't change and change what you are able to change for better.

Find your passion and know that you deserve to be happy no matter how the circumstances in the outside world are.